



ASHVILLE



SURGERY

NHS

Newsletter

Issue 4 JAN 2025

HAPPY NEW YEAR

Spotlight on the PCN: find out more about our Primary Care Network, [South Fulham PCN](#) & what it offers. And watch [videos](#) on You Tube from different staff groups.



Compassionate care for all: consultation open on community specialist palliative care services in north west London (closes 24 FEB 2025). Click [here](#) for more info.



North West London

Compassionate care for all

Improving adult community specialist palliative care services in north west London

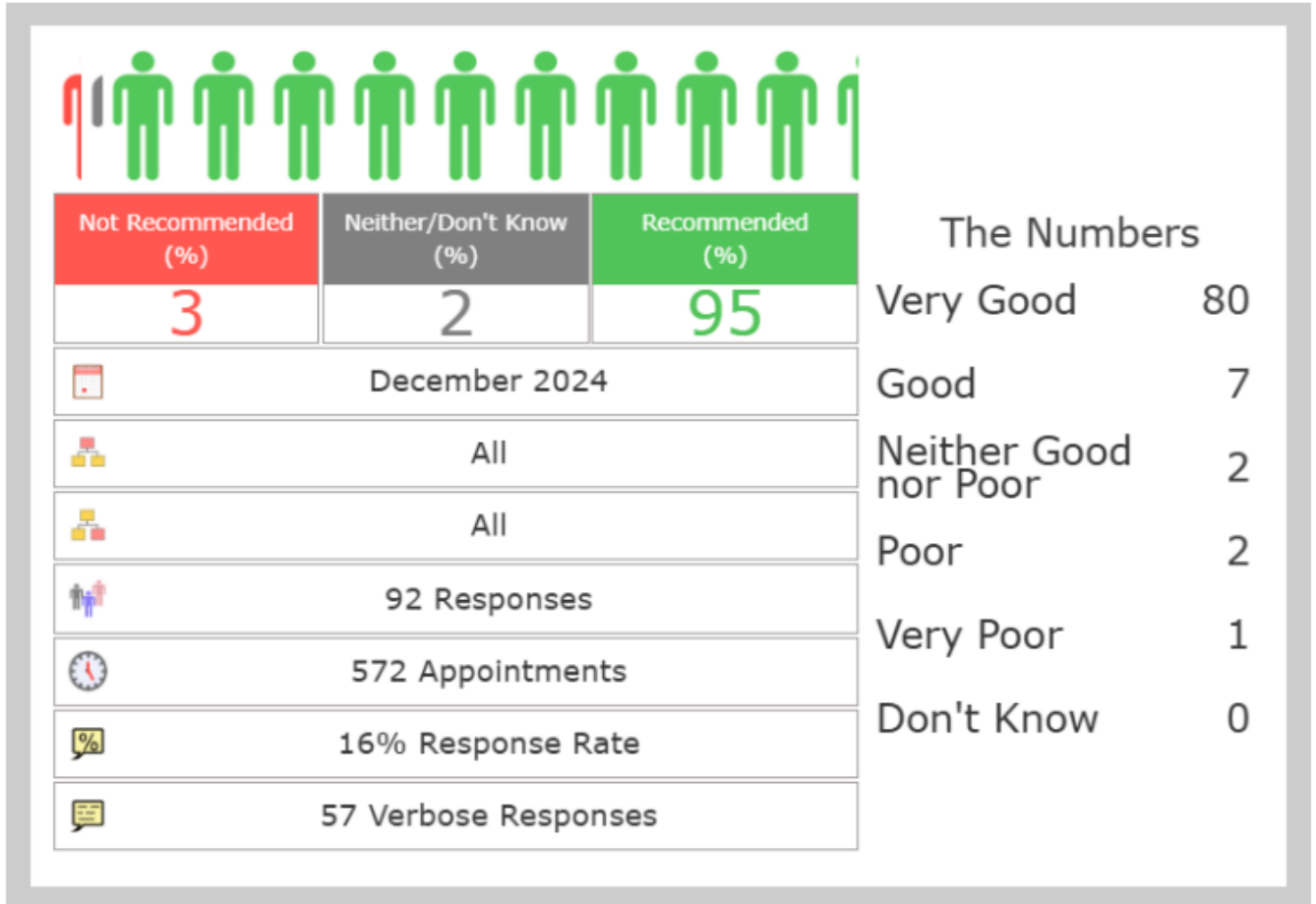
An opportunity to give your views



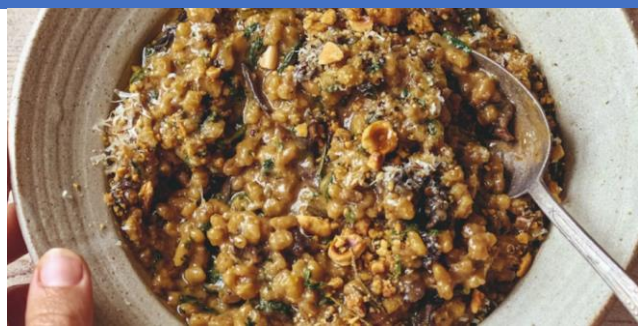
Snapshot of recent *Friends & Family* Feedback, DEC 2024)

After your appointment, we will send you a text asking for your views. You will be asked *Overall, how was your experience of our service?* (with an option to add further info: *Please tell us why you gave this answer – SEE PAGE 2*).

Here are the results from DECEMBER 2024



Full report: <https://ashvillesurgery.co.uk/wp-content/uploads/2025/01/Feedback-from-patients-from-DEC-2024.pdf>



RECIPE: Always There Risotto

Risottos can have a reputation for being high-maintenance, but this one is just waiting for you to open your cupboard and bring it to life with minimal fuss. The pearl barley has more fibre than rice and diversifies the grains for your gut health. The frozen spinach retains its nutrients really well, but any greens will work here.



Are you aware that the practice has a **Patient Participation Group**? We are looking for people of any age, gender or background to discuss any changes or ideas you may have for the surgery. If you would like to join the group, and become involved in the development and improvement of the practice and its services, then please email: ashville.surgery@nhs.net